



The Venue

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Network Badminton Coaching 16:30 - 20:00	Traditional Karate and Fitness 17:00 - 19:00	Beccles Bombers Basketball Club 17:00 - 19:00	Trampolining Course (term time) 16:30 - 18:30	Beccles & Bungay Harriers Athletics 17:00 - 18:00	Traditional Karate and Fitness 10:00 - 12:00	Roller Hockey Club 9:00 - 10:00
Archery Course (term time) 18:00 - 20:00	Family Badminton Club 17:30 - 19:00	Spinning 18:15 - 19:00	Beccles Bluebirds Junior Netball 18:00 - 19:00	Beccles Bombers Basketball Club 18:00 - 20:00	Pickleball 10:00 - 12:00	Family Rollerskating 10:00 - 12:00
Beccles Taekwondo Club 19:00 - 20:30	Circuit Training 19:00 - 20:00	Shukokai Karate Club 19:00 - 20:30	Beccles Bluebirds Netball Club 19:00 - 20:00	Beccles 88 Badminton Club 20:00 - 22:00		
Zumba Fitness & Body Tone 19:00 - 20:30	Adult Netball Club 19:00 - 20:00	Beccles Badminton Club (Sept - Apr) 19:00 - 22:00	SOSA Dance Fitness 19:00 - 20:00			
A.P Sports Club (5-A-Side) 20:00 - 21:00	Weight Training Club 20:00 - 21:15		Beccles Taekwondo Club 19:00 - 20:30			
			Weston Badminton Club 20:00 - 22:00			